

NEWSLETTER

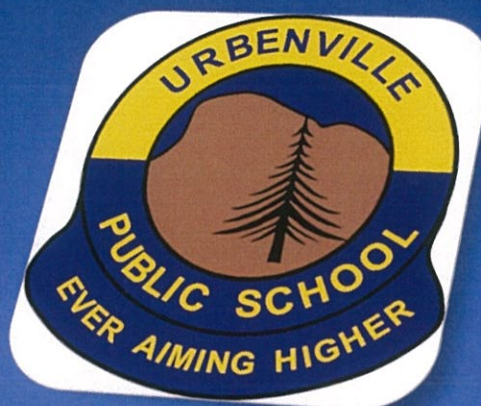
Urbenville Public School

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Always look on the bright side of life! ☺

INTENSIVE SWIMMING

Thank you Ruby for the amazing work you have put in with our kids in the pool over the past 3 weeks. Our students thoroughly enjoyed the experience and have both developed and refined vital swimming skills enhancing their confidence in the water. A big thank you to Helen at Woodenbong Pool and Kyogle Council for helping to facilitate our intensive swim program.

CAMP – LAKE AINSWORTH

Our year 5 and 6 students are heading off excitedly to camp at Lake Ainsworth this coming week. This is a wonderful experience offered to senior students every year. Students will have the opportunity to engage in a variety of learning experiences including; rock climbing, sailing, kayaking, snorkeling, marine studies and team building challenges.

NEW SCHOOL WEBSITE

Urbenville Public School has updated its school website. The website contains a plethora of important information concerning the school, upcoming events, photographs and useful links. Please take a moment to have a browse and let us know what you think.

www.urbenville-p.schools.nsw.edu.au/

Dates

WEEK 8

Mon 19th – 23rd Mar

Yr 5/6 Lake Ainsworth
Camp

Wed 21st - Harmony Day

WEEK 9

Mon 26th Mar – Aged Care
Visit

Thursday 29th Mar–

Books in Homes Assembly

Fri 30th Mar- Mon 2nd Apr-

Easter Long Weekend

WEEK 11

Mon 9th Apr – Aged Care
Visit

13th Apr- Last day of School

School Holidays! ☺

THE MUSIC MAN WORKSHOP

Our students had the opportunity to let their hair down and spend the day as rock-stars on Monday as they participated in a music workshop ran by musician Mark Mittag. Mark is a very accomplished musician who has been lucky enough to follow his musical passion, playing 'gigs' throughout Europe. Our students were introduced to basic musical notes and composition, lyric writing, through to constructing and collaborating on their own song, including an album cover. Students were then able to record their song and listen to it being played back.



CANTEEN NEWS - NEW ITEMS FOR WINTER TERM 1 & 2

The Urbenville Public School Winter Canteen Menu has just been released. This delicious arrangement will be available ready for the cooler seasons **commencing in Terms 2 and 3**. Thank you to our canteen volunteers for your hard work and dedication to ensure our students never go hungry! A copy of the new Winter Canteen Menu is attached.

COLES SPORTS VOUCHERS

Thank you to those students, parents and community members who have collected the Coles Sports Vouchers. The Coles Sports for Schools program is a great initiative which assists small schools like ours in obtaining a greater variety of sporting equipment to engage our kids with. **Tuesday 3rd April** is the last day to collect sports for school vouchers from Coles Supermarkets before schools need to send in their collected vouchers.

Our collection box is located in the school office if anyone needs to drop off collected vouchers.

WE CRUNCHED IT!!!

On Thursday 1st March at 10am, our school participated in The Big Vegie Crunch as part of Vegetable Week. We joined 292 other schools across NSW and broke the record for the most children eating vegetable simultaneously.

47, 920 students crunched together to smash last year's record of 29, 067 students. A further 11, 915 students crunched over Vegetable Week. That's a whole lot of vegetable eating!

Keep your family crunching by:

- Having a regular Big Vegie Crunch at dinner
- Serving vegetables at meals and snacks
- Pledging to try a new vegetable each week
- Being a role model and let your kids see you enjoying eating vegetables

CONNECTING COUNTRY SCHOOLS

Urbenville Public School has been included in the next group of schools for the *Connecting Country Schools Program*, which will see our current wireless infrastructure at school upgraded. Our current wireless system is aging and the new upgrade to the system will enhance access and provide opportunities for internet coverage outside of the classroom.

ORAL HEALTH SERVICES – For Children Under 18

The Northern NSW Local Health District would like to remind parents and carers that the Child Oral Health Service offers **FREE dental care to ALL children under 18.**



- Oral health is essential for health and wellbeing.
- It is recommended that children have regular dental check ups starting at 1 year.
- Regular dental check ups can prevent minor problems becoming major ones
- Prevent unnecessary pain and distress.
- Dental visits can be fun for kids, treat these visits as normal, routine events so as not to develop fear.

STEWART HOUSE DONATION DRIVE -WIN A FAMILY HOLIDAY VALUED AT \$4000!

Each year 1,800 public school children in need come to Stewart House from many parts of NSW and the ACT. During their stay, children are provided with optometric, dental and medical treatment as well as emotional support. This is balanced with health and educational programs and out of school activities to boost their self-esteem and to promote a healthier lifestyle.

Stewart House are currently conducting their 2018 Donation Drive. To be in the running to win a family holiday valued at \$4000, simply place a gold coin donation in the Stewart House Donation Drive envelope attached and return it to your school.

MY FIRST YEAR PUBLICATION

It's a milestone like no other when your child starts their first year of school. Your local paper is celebrating this special time with *My First Year 2018*, an exclusive lift out full of photos of our region's prep classes to be published **Wednesday 21st March 2018**. This publication is a lasting keepsake for students and their families to commemorate a major milestone in the life of our Northern River kids!

P&C NEWS

Mark your calendars for the P&C AGM on Tuesday 27th March at 2.30pm. All welcome.

COMMUNITY NEWS

A fun night of head scratching trivia is planned for Saturday night at the Crown Hotel, Urbenville. Please see ad on next page for more information.

'RIDDLE ME THIS'

The answer to last week's riddle:

Q: *I am an odd number. Take away one letter and I become even. What number am I?*

A: *Seven (take away the 's' and it becomes 'even')*

This week's riddle:

Q: *What do the numbers 11, 69 and 88 all have in common?*

The answer will be published in the next newsletter!



7pm
CROWN HOTEL
URBENVILLE
SATURDAY
17th MARCH
PH 66341213 TO BOOK



1800 427 246 | www.oztrivia.com

Permit No. APP-000015556

URBENVILLE PUBLIC SCHOOL WINTER CANTEEN MENU

TERM 1 & 2 2018

SNACKS:

- Fruit Salad..... \$1.00
- Boiled Egg..... 50c
- Piece of Fruit..... 50c
- Corn on the Cob..... 50c
- Popcorn..... \$1.00

LUNCHES:

- Pizza Pocket (Wrap)..... \$ 3.50
- Mini Pizza (English Muffin)..... \$ 3.50
- Dim Sims(3)..... \$ 2.50
- Lasagne..... \$ 4.50
- Chicken. Lettuce & Mayo Wrap..... \$ 2.00
- Chicken & Gravy Roll..... \$ 3.00
- Ham Wrap
 - 1 Filling i.e Cheese..... \$ 2.00
 - 2 Fillings i.e Lettuce, Tomato..... \$ 2.50
 - Full Salad..... \$ 3.50
- Chicken Wrap
 - 1 Filling i.e Cheese..... \$ 2.00
 - 2 Filling i.e Lettuce, Tomato..... \$ 2.50
 - Full Salad..... \$ 3.50

DRINKS:-

- Water..... \$ 1.50
- Plain Milk or with a Sipahh Straw..... \$ 1.00
- Apple Popper..... \$ 1.50
- Milo..... \$ 2.00

