

NEWSLETTER

Urbenville Public School

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Principal – Christopher Sifko



Respect, Responsibility and Excellence!

PRINCIPAL'S MESSAGE

Thank you to staff and students for your efforts on a terrific term. It has been a very productive Term 3 with students engaging with a variety of learning experiences and activities including: NAIDOC celebrations, School and District Athletics Carnivals, Education Week, CWA International Assembly, School Readiness Test, WW1 History excursion and our Book Parade.

I hope everyone has a safe and enjoyable holiday and can enjoy some quality family time. Parents and students are reminded that school starts back on Monday 14th October for **both staff and students**.

TERM 4 CHANGES TO CLASSES

Term 4 will see our existing K-6 class separate into a K-2 class and a 3-6 class. This change to our student learning environment will allow teaching staff to more accurately cater to the diverse learning needs of our students delivered through precise programming and refined differentiated teaching and learning opportunities. Mr Sifko will be teaching 3-6S and Mrs Weston will be teaching K-2W.

Dates

TERM 3

Week 10

Mon 23rd Sept – Aged Care Visit

Friday 27th Sept - Last day of school

SCHOOL HOLIDAYS!!

TERM 4

Week 1

Mon 14th Oct – First day back to school for both students and staff.

Wed 16th Oct – Interrelate Program at Wiangaree for Year 5 and 6 students

Fri 18th Oct – P&C Meeting

KINDY O PROGRAM

Dates for our 2020 Kindy O program have been finalised. The program will run over the following 4 sessions:

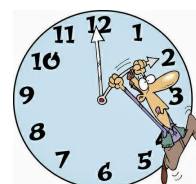
Session	Date	Time
Session 1	Thursday 14/11/19	9:00am – 11:00am
Session 2	Thursday 21/11/19	9:00am – 1:00pm
Session 3	Thursday 28/11/19	9:00am – 3:00pm
Session 4	Thursday 5/12/19	9:00am – 3:00pm

Lesson durations are staggered in order to build up classroom stamina, culminating in a full day at school on the last session. The Kindy O program is a wonderful opportunity for prospective Kindergarten students to attend lessons in our K-6 classroom in order to set them up for success in their first year of 'big school'. More information can be found on our information sheet attached to our newsletter.

DAYLIGHT SAVINGS

Love it or hate it, the time is fast approaching for daylight savings to begin.

Remember to move your clocks forward one hour on Sunday 6th October 2019.



SCHOOL SECURITY OVER HOLIDAYS

Have a wonderful time over the holiday period, but most importantly stay safe. If we could remind our neighbours and local community if you notice anything strange or out of the ordinary occurring at school over the holiday period please phone School Security on 1300 880 021 (24 hours). If it is an emergency please call '000'.

INTERRELATE PROGRAM AT WIANGAREE PS – Wednesday 16th October

Year 5 and 6 students will be attending Wiangaree Public School on Wednesday 16th October to participate in the 'Minding Me' Interrelate program. This fun and informative program explores the value of good communication with families and relationships, as a way of better understanding each other and reducing conflict. It also provides students with a basic knowledge of male and female development at puberty, with an emphasis on developing a positive attitude to change.

BOOK PARADE – Friday 13th September

Students enjoyed a wonderful day on Friday at our book parade and joint assembly. Both students and staff were in good spirits as our favourite book characters came to life. It was lovely to see and hear about the diverse reading interests of our students, staff and parents and as we engaged in literary conversations about our characters. This day presents a fabulous opportunity to plant the seeds for a love of reading, especially in our younger and less confident readers.

P&C NEWS

Our next P&C meeting will be held on **Friday 18th October at 3:00pm**. Come along and take part in our meetings as we are always looking for fresh input on ways to help support our school and the students. All parent and community members welcome. See you there!!

CANTEEN VOLUNTEERS

Students at Urbenville Public School enjoy a wonderful selection of fresh healthy foods provided by our very hardworking school canteen volunteers. If you are able to spare a few hours of a Wednesday to help support our already hard working canteen team, please contact the school for more information.

BLAZING RIDDLES

Last Week's Riddle

- Q:** A little boy goes shopping and purchases 12 tomatoes. On the way home, all but 9 get mushed and ruined. How many tomatoes are left in a good condition?
- A:** Nine
- Q:** An antique dealer bought an article for \$7, sold it for \$8, bought it back for \$9, and sold it for \$10. How much profit did he make?
- A:** \$2

This week's riddles are dedicated to Jim

- Q:** I am a number with a couple of friends, quarter a dozen, and you'll find me again. What am I?
- Q:** I am beautiful, up in the sky. I am magical, yet I cannot fly. To people I bring luck, to some people, riches. The boy at my end does whatever he wishes. What am I?

Find the answer in our next newsletter.

Student Awards







B screened

The mobile van is coming to **Urbenville**

14 – 16 October 2019



Call 13 20 50 to book your **free** screening mammogram

13 20 50
20 minutes every 2 years could save your life

For women aged 50-74 years
breastscreen.nsw.gov.au

the power of humanity



Red Cross wants everyone in our school community to be prepared for any emergency, large or small. It has been an early start to the summer disaster season, but there are simple ways your family can be prepared.

Three simple tools to help your family get prepared:

1. Create an emergency plan
2. Download the 'Get Prepared' app
3. Prepare your emergency survival kit

You can't always prevent an emergency, but by being prepared families can reduce their stress and cope better afterwards.



KINDNESS to SELF

- Do something that makes you happy today
- Exercise for 10 minutes and get your heart pumping
- Smile more often
- Avoid complaining for the entire day
- Create a new game and play it with friends and family
- Take time to practice mindfulness
- Take long slow deep breaths for 3 minutes
- Listen to your favourite music

KINDNESS to FAMILY

- Help with the chores without being asked
- Express your gratitude to your family
- Play a game with a family member
- Wash Mum or Dad's car
- Make a handmade card for someone in your family
- Tidy up after yourself
- Surprise a family member by doing their job for them
- Cook a meal
- Leave a special note on a family member's pillow

KINDNESS to OTHERS

- Write a letter or note to someone out of town and post it
- Bake a cake or your favourite food and deliver it to a friend or someone in need
- Find opportunities to give compliments today
- Say "thank-you" as much as possible
- Hold the door open for the person behind you
- Do something kind for a stranger
- Greet people with a Hug, High Five or Handshake

KINDNESS to PLANET

- Use less plastic
- Drink from a reusable water bottle
- Turn off the lights when you leave the room
- Use reusable shopping bags
- Pick up 5 pieces of litter
- Walk more, drive less
- Recycle
- Make a piece of art work from recycled materials



Urbenville & District Bowling Club

ACN 001 073 721

Recreation Reserve – Urbenville – NSW – 2475
PO Box 50, URBENVILLE NSW 2475
Phone (02) 6634 1269 Fax (02) 6634 1480

The Club Practices Responsible Service of Alcohol

The Club is calling for Expressions of Interest for our Catering Operations.

Work schedule will include Friday nights and some Weekends / Weekdays functions based on necessity.

The kitchen is fully equipped and all cutlery and crockery is available, all we need you to provide is your fresh ideas. Basic good food / meals is all that is needed and be fully conversant with relevant legislation relating to food, hygiene and WHS compliance. A food Safety Supervisor Certificate is needed, which we can help with.

If you have any Questions please ring Colleen on 02 66341227.

Applications should be marked Private and Confidential and addressed to
The Secretary

Urbenville and District Bowling Club
PO Box 50
Urbenville 2475.



My Forever
Family NSW

Do you have a place in your heart and home to make a difference to a child's life?

At the moment, there aren't enough foster carers to care for children in need across New South Wales. Put simply, we need more carers for all types of care.

There is a type of care to suit your family:

- **Emergency care:** A temporary haven for kids when first need a safe place to stay.
- **Respite care:** Respite carers look after children on an occasional basis to give their regular carers a break.
- **Short-term care:** Short-term carers look after children while their families work to bring them home.
- **Adoptive parents and guardians:** When kids can't return home, adoption or guardianship provides them with the safety and stability they need to thrive.

A special community awaits you.

The **My Forever Family NSW** program provides ongoing support, advice and training for all foster carers, guardians and adoptive parents. Visit our website to learn more.

**Make a difference.
Become a carer**

Contact **My Forever
Family NSW** now to find
out how you can become
a foster carer.

CARER
SUPPORT LINE
1300 782 975

Monday to Friday
9am – 5pm

CARER
SUPPORT
enquiries@myforeverfamily.org.au

My Forever Family NSW | www.myforeverfamily.org.au