

NEWSLETTER

Urbenville Public School

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www.urbenville-p.schools.nsw.edu.au



Principal – Christopher Sifko



Attendance Every Day Matters!

PRINCIPAL'S MESSAGE

I would like to welcome back our staff and students to what is already panning out to be a busy and productive term.

Starting things off with our School and District Athletics Carnivals, students will have the opportunity to put our new athletics equipment through their paces.

It's about that time again where we engage in a poetry battle with our friends from Old Bonalbo PS and Drake PS in the Banjo P Poetry Collective competition. Our efforts were rewarded last year with the overall win, so let's see if we can make it two on the trot. This year, the event will be held at Old Bonalbo PS.



Dates TERM 3

WEEK 1

Friday 21st July – Combined Athletics Carnival with Old Bonalbo

WEEK 2

Monday 24th July – Playgroup

Tuesday 25th July – Breakfast Club

Wednesday 26th July – Canteen

Thursday 27th July – District Athletics Carnival held at Tabulam

Friday 28th July – Breakfast Club

WEEK 3

Monday 24th July – Playgroup

Tuesday 25th July – Breakfast Club

Wednesday 2nd August - NAIDOC Celebrations at Old Bonalbo PS

Friday 3rd August – P&C Meeting @ 3.15pm

COMBINED ATHLETICS CARNIVAL WITH OLD BONALBO PS – Friday 21st July

As per usual, we will be hosting our combined school athletics carnival with our friends from Old Bonalbo on Friday 21st July. Visitors are welcome to start arriving at 9:30am, however the carnival will not start until 10am.

DISTRICT ATHLETICS CARNIVAL AT TABULAM – Thursday 27th July

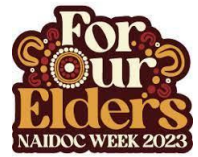
Although still held at the same location, Tabulam Public School, there has been a change to the usual date. Unfortunately, due to conflicting schedules this year it will not be held on a Friday, instead on the Thursday. Not a major change, but one worth noting. A permission note will be sent home with details regarding the day.



This year, we will be going by private transport. Please, if you are a parent planning on attending the day to watch your child/ren and are available to transport another student, can you contact the school. Much appreciated there. Also, there will be available on the day a BBQ, hot food, sandwiches and cold drinks for those who wish to purchase their recess and lunch.

NAIDOC WEEK CELEBRATIONS – Wednesday 2nd August

This year we have been invited by our friends at Old Bonalbo Public School to engage and participate in NAIDOC celebrations. Our students and staff always enjoy these annual celebrations.



SCHOOL DENTAL VAN VISIT

Another friendly reminder that the School Dental Van is visiting our school soon. Although totally voluntary, if you would like you child/ren to access this valuable initiative, please return your consent forms to the office ASAP. If you have misplaced your consent form, please contact the school for a replacement.



UPS PLAYGROUP – Every Monday 9am – 10am

We look forward to picking up where we left off from last term on the same day and the same time. Thank you to those who have attended with your little one to experience a little of what UPS is all about. Our first day of playgroup will commence in Week 2, Monday 24th July due a Staff Development Day on the first Monday back.



P&C MEETING – Thursday 3rd August

Our next P&C will be held on Thursday 3rd August. All parents and community members are welcome to attend. See you there!



Nutrition Snippet

BLUEBERRY PIKELETS



Ingredients

1 cup self-raising flour
2 tablespoons caster sugar
2/3 cup reduced-fat milk
1 egg
3/4 cup frozen blueberries
Olive oil spray

Method

Step 1: Add the flour and sugar to a large bowl. In a jug, whisk the milk and egg to combine.

Step 2: Slowly add the egg mixture into the flour and whisk until well combined. Gently fold through the blueberries.

Step 3: Spray a large non-stick frypan with olive oil and heat over medium heat. Scoop a tablespoon of the mix into the pan, cooking up to four at a time. Cook for 1 minute or until bubbles appear on the surface and pikelets are golden underneath. Turn and cook for a further 1 minute or until golden.

Step 4: Transfer to a plate and cover with foil. Repeat with remaining batter, spraying the pan between each batch.

For this recipe and more visit:
healthylunchbox.com.au



Cancer Council
Healthy Lunch Box

HIGH COUNTRY MEDICAL PRACTICE



After the 14 July, 2023

Covid 19 Vaccine

Novavax will be available.

Please contact the surgery for
appointments (02) 66241275

Days missed = years lost

A day here and there doesn't seem like much, but...

When your child misses just...

they miss weeks per year

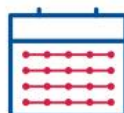
and years over their school life

1 day per fortnight



=

4 weeks



=

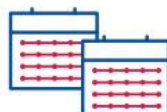
Over **1** year missed

1 day per week



=

8 weeks



=

Over **2.5** years missed

education.nsw.gov.au

**Come and join our
small school family.**



ENROL NOW!